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| --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Sunday** |
|  | **9:30-10:30am**  **AYLA**  **Beginner / Intermediate Full Apparatus**  **Jan 10 – Jan 31**  **$147** | **9:00-10:00am**  **AYLA**  **Intermediate Full Apparatus**  **Jan 11 – Jan 25**  **$110.25** |  | **9:00-10:00am**  **AYLA**  **Intermediate Full Apparatus**  **Jan 13 – Jan 27**  **$110.25** | **9:00-10:00am**  **FIONA**  **Intermediate Mat Pilates**  **ZOOM** |
| **9:00-10:00am**  **FIONA**  **Gentle Intermediate Full Apparatus**  **Jan 9 – Jan 30**  **$147** |  | **10:15-11:15am**  **AYLA**  **Gentle Intermediate Full Apparatus**  **Jan 11 – Jan 25**  **$110.25** | **10:00-11:00am**  **FIONA**  **Gentle Intermediate**  **Full Apparatus**  **Jan 12 – Jan 26**  **$110.25** |  | **ZOOM PASSES**  **1-$15**  **5-$65**  **10-$130**  **Non expiry** |
|  |  |  | **11:15-12:15pm**  **FIONA**  **Corrective Gentle Full Apparatus**  **Jan 12 – Jan 26**  **$110.25** |  |  |
| **5:15-6:15pm**  **FIONA**  **Advanced Full Apparatus**  **Jan 9 – Jan 30**  **$147** | **5:15-6:15pm**  **AYLA**  **Intermediate Full Apparatus**  **Jan 10 – Jan 31**  **$147** | **5:15 – 6:15pm**  **AYLA**  **Intermediate Full Apparatus**  **Jan 11 – Jan 25**  **$110.25** | **5:15-6:15pm**  **FIONA**  **Advanced Full Apparatus**  **Jan 12 – Jan 26**  **$110.25** |  |  |
| **6:35-7:35pm**  **FIONA**  **Intermediate Full Apparatus**  **Jan 9 – Jan 30**  **$147** | **6:35-7:35pm**  **AYLA**  **Intermediate Full Apparatus**  **Jan 10 – Jan 31**  **$147** | **6:35-7:35pm**  **AYLA**  **Intermediate Full Apparatus**  **Jan 11 – Jan 25**  **$110.25** | **6:35-7:35pm**  **FIONA**  **Intermediate Advanced Full Apparatus**  **Jan 12 – Jan 26**  **$110.25** |  |  |
| **7:50-8:50pm**  **FIONA**  **Advanced Full Apparatus**  **Jan 9 – Jan 30**  **$147** | **7:50-8:50pm**  **AYLA**  **Beginner Full Apparatus**  **Jan 10 – Jan 31**  **$147** | **7:50-8:50pm**  **AYLA**  **Intermediate**  **Full Apparatus**  **Jan 11 – Jan 25**  **$110.25** | **7:50-8:50pm**  **FIONA**  **Intermediate Advanced Full Apparatus**  **Jan 12 – Jan 26**  **$110.25** | **No classes on HOLIDAY MONDAYS or SATURDAY LONG WEEKENDS** | **7:45-8:45pm**  **FIONA**  **Targeted Mobility Training**  **ALL LEVELS**  **ZOOM** |

**\*Classes are based on Groups of 4 - $35 per class plus gst.**

**\*Classes start Monday, January 9/23**

**\*NO CLASSES ON STAT holidays**

**\*Privates $80 \*Semi Privates $45 plus gst**

**RED HIGHLIGHT – classes to be added if there is enough interest**