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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Sunday** |
|  | **9:30-10:30am****AYLA****Beginner / Intermediate Full Apparatus****Jan 10 – Jan 31****$147** | **9:00-10:00am****AYLA****Intermediate Full Apparatus****Jan 11 – Jan 25****$110.25** |  | **9:00-10:00am****AYLA****Intermediate Full Apparatus****Jan 13 – Jan 27****$110.25** | **9:00-10:00am****FIONA****Intermediate Mat Pilates****ZOOM** |
| **9:00-10:00am****FIONA****Gentle Intermediate Full Apparatus****Jan 9 – Jan 30****$147** |  | **10:15-11:15am****AYLA****Gentle Intermediate Full Apparatus****Jan 11 – Jan 25****$110.25** | **10:00-11:00am****FIONA****Gentle Intermediate****Full Apparatus****Jan 12 – Jan 26****$110.25** |  | **ZOOM PASSES****1-$15****5-$65****10-$130** **Non expiry** |
|  |  |  | **11:15-12:15pm****FIONA****Corrective Gentle Full Apparatus****Jan 12 – Jan 26****$110.25** |  |  |
| **5:15-6:15pm****FIONA****Advanced Full Apparatus** **Jan 9 – Jan 30****$147** | **5:15-6:15pm****AYLA****Intermediate Full Apparatus****Jan 10 – Jan 31****$147** | **5:15 – 6:15pm** **AYLA****Intermediate Full Apparatus****Jan 11 – Jan 25****$110.25** | **5:15-6:15pm****FIONA****Advanced Full Apparatus****Jan 12 – Jan 26****$110.25** |  |  |
| **6:35-7:35pm****FIONA****Intermediate Full Apparatus****Jan 9 – Jan 30****$147** | **6:35-7:35pm** **AYLA****Intermediate Full Apparatus****Jan 10 – Jan 31****$147** | **6:35-7:35pm****AYLA****Intermediate Full Apparatus** **Jan 11 – Jan 25****$110.25** | **6:35-7:35pm****FIONA****Intermediate Advanced Full Apparatus****Jan 12 – Jan 26****$110.25** |  |  |
| **7:50-8:50pm****FIONA****Advanced Full Apparatus****Jan 9 – Jan 30****$147** | **7:50-8:50pm****AYLA****Beginner Full Apparatus****Jan 10 – Jan 31****$147** | **7:50-8:50pm****AYLA****Intermediate****Full Apparatus****Jan 11 – Jan 25****$110.25** | **7:50-8:50pm** **FIONA****Intermediate Advanced Full Apparatus****Jan 12 – Jan 26****$110.25** | **No classes on HOLIDAY MONDAYS or SATURDAY LONG WEEKENDS** | **7:45-8:45pm****FIONA****Targeted Mobility Training****ALL LEVELS** **ZOOM** |

**\*Classes are based on Groups of 4 - $35 per class plus gst.**

**\*Classes start Monday, January 9/23**

**\*NO CLASSES ON STAT holidays**

**\*Privates $80 \*Semi Privates $45 plus gst**

**RED HIGHLIGHT – classes to be added if there is enough interest**