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| --- | --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **9:00-10:00am**  **FIONA**  **Beginner Full Apparatus**  **$147.00** |  | **9:00-10:00am**  **FIONA**  **Gentle Beginner Full Apparatus**  **$147.00** | **8:45-9:30am**  **FIONA**  **Private Booking** | **Instructor Teacher Training** | **9:00-10:00am**  **FIONA**  **Advanced Mat Pilates**  **ZOOM** |
| **10:30-11:30am**  **FIONA**  **Gentle Intermediate Full Apparatus**  **$147.00** |  | **10:20-11:20am**  **FIONA**  **Gentle Intermediate**  **Full Apparatus**  **$147.00** | **10:00-11:00am**  **FIONA**  **Gentle Intermediate**  **Full Apparatus**  **$183.75** |  | **10:30– 11:30am**  **FIONA**  **Gentle Mat Pilates ZOOM** |
| **11:45-12:45pm**  **FIONA**  **Private Booking** | **CLASSES INSTUDIO ARE GROUPINGS OF 3 WITH 2 METRE SPACING** | **11:45-12:45pm**  **FIONA**  **Corrective Movement Full Apparatus**  **$147.00** |  |  | **ZOOM PASSES**  **1-$12**  **5-$57**  **10-$113.40**  **Non expiry** |
| **MAY and June schedule will remain the same!** |  | **NO WEDNESDAY CLASS ON APRIL 21** |  |  |  |
| **5:15-6:15pm**  **FIONA**  **Intermediate Full Apparatus**  **$147.00** | **5:30-6:30pm**  **AYLA**  **Intermediate Full Apparatus**  **$183.75** | **5:15-6:15pm**  **AYLA/FIONA**  **Intermediate Full Apparatus**  **$147.00** | **5:15-6:15pm**  **FIONA**  **Intermediate Full Apparatus**  **$183.75** |  | **Sunday**  **Instructor Teacher Training** |
| **6:35-7:35pm**  **FIONA**  **Intermediate Full Apparatus**  **$147.00** | **6:50-7:50pm**  **AYLA**  **Advanced Full Apparatus**  **$183.75** | **6:35-7:35pm**  **AYLA/FIONA**  **Private Booking** | **6:35-7:35pm**  **FIONA**  **Gentle Advanced Full Apparatus**  **$183.75** |  | **7:30-8:30pm**  **FIONA**  **All levels**  **Targeted Mobility Training**  **ZOOM** |
| **7:50-8:50pm**  **FIONA**  **Advanced Full Apparatus**  **$147.00** | **8:10-9:10pm**  **AYLA**  **Gentle Intermediate Full Apparatus**  **$183.75** | **8:00-9:00pm**  **FIONA**  **Intermediate Advanced**  **ZOOM** | **7:50-8:50pm**  **FIONA**  **Gentle Intermediate Full Apparatus**  **$183.75** | **No classes on HOLIDAY MONDAYS** |  |

**\*Classes are based on Groups of 3. $35 per class plus gst.**

**\*Start up date: March 29 if allowed. This set will run from for 5 weeks from Monday, March 29 – Friday, April 30.**

**\*Classes that are marked Private booking**