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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **9:00-10:00am** **FIONA****Beginner Full Apparatus** **$147.00** |  | **9:00-10:00am** **FIONA****Gentle Beginner Full Apparatus** **$147.00** | **8:45-9:30am****FIONA****Private Booking** | **Instructor Teacher Training**  | **9:00-10:00am****FIONA****Advanced Mat Pilates****ZOOM** |
| **10:30-11:30am** **FIONA****Gentle Intermediate Full Apparatus****$147.00** |  | **10:20-11:20am****FIONA**  **Gentle Intermediate****Full Apparatus** **$147.00** | **10:00-11:00am****FIONA****Gentle Intermediate****Full Apparatus****$183.75** |  | **10:30– 11:30am** **FIONA****Gentle Mat Pilates ZOOM** |
| **11:45-12:45pm****FIONA** **Private Booking**  | **CLASSES INSTUDIO ARE GROUPINGS OF 3 WITH 2 METRE SPACING**  | **11:45-12:45pm****FIONA** **Corrective Movement Full Apparatus** **$147.00** |  |  | **ZOOM PASSES****1-$12****5-$57****10-$113.40** **Non expiry**  |
| **MAY and June schedule will remain the same!** |  | **NO WEDNESDAY CLASS ON APRIL 21** |  |  |  |
| **5:15-6:15pm** **FIONA** **Intermediate Full Apparatus** **$147.00** | **5:30-6:30pm****AYLA****Intermediate Full Apparatus****$183.75** | **5:15-6:15pm****AYLA/FIONA****Intermediate Full Apparatus****$147.00** | **5:15-6:15pm****FIONA****Intermediate Full Apparatus****$183.75** |  | **Sunday****Instructor Teacher Training** |
| **6:35-7:35pm**  **FIONA** **Intermediate Full Apparatus** **$147.00** | **6:50-7:50pm****AYLA****Advanced Full Apparatus****$183.75** | **6:35-7:35pm****AYLA/FIONA****Private Booking** | **6:35-7:35pm****FIONA****Gentle Advanced Full Apparatus****$183.75** |  | **7:30-8:30pm****FIONA****All levels****Targeted Mobility Training****ZOOM** |
| **7:50-8:50pm** **FIONA****Advanced Full Apparatus****$147.00** | **8:10-9:10pm****AYLA****Gentle Intermediate Full Apparatus****$183.75** | **8:00-9:00pm****FIONA****Intermediate Advanced** **ZOOM**  | **7:50-8:50pm** **FIONA****Gentle Intermediate Full Apparatus****$183.75** | **No classes on HOLIDAY MONDAYS** |  |

**\*Classes are based on Groups of 3. $35 per class plus gst.**

**\*Start up date: March 29 if allowed. This set will run from for 5 weeks from Monday, March 29 – Friday, April 30.**

**\*Classes that are marked Private booking**