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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **9:00-10:00am**  **FIONA**  **Intermediate Mat ZOOM**  1-$12  5-$57  10-$113.40  Non expiry | **9:00-10:00am**  **AYLA**  **Beginner Full Apparatus**  Nov 10 – Dec 15  $189 | **9:00-10:00am**  **FIONA**  **Beginner Full Apparatus**  Nov 18 – Dec 16  $ 157.50 | **9:00-10:00am**  **FIONA**  **Intermediate/Adv Full Apparatus**  Nov 12 – Dec 17  $189 |  | **9:00-10:00am**  **FIONA**  **Advanced Mat Pilates**  **ZOOM** |
| **10:30-11:30am**  **FIONA**  **Gentle Intermediate**  Nov 9 – Dec 14  $189 |  | **10:20-11:20am**  **FIONA**  **Gentle Intermediate**  Nov 18 – Dec 16  $ 157.50 | **10:20-11:20am**  **FIONA**  **Gentle**  **Intermediate**  Nov 12 – Dec 17  $189 |  | **10:30– 11:30am**  **FIONA**  **Gentle Mat Pilates ZOOM** |
| **11:50-12:50pm**  **FIONA**  **Private Booking** | **CLASSES INSTUDIO ARE GROUPINGS OF 4 WITH 2 METRE SPACING** |  | **11:45-12:45pm**  **FIONA**  **Semi Private Booking** |  |  |
| **5:05-6:05pm**  **FIONA**  **Intermediate Full Apparatus**  Nov 9 – Dec 14  $189 | **5:30-6:30pm**  **AYLA**  **Intermediate Full Apparatus**  Nov 10 – Dec 15  $189 | **5:00-6:00pm**  **MEGAN**  **Beginner Full Apparatus**  Nov 11 – Dec 16  $189.00 | **5:10-6:10pm**  **FIONA**  **Intermediate Full Apparatus**  Nov 12 – Dec 17  $189 | **PAI Teacher Training**  **Nov 13, 20, 27**  **12:30-4:00pm ABP Program** | **Classes on ZOOM are MAT**  **Classes in Studio are Full Apparatus Reformer** |
| **6:25-7:25pm**  **FIONA**  **Intermediate Full Apparatus**  Nov 9 – Dec 14  $189 | **6:50-7:50pm**  **AYLA**  **Advanced Full Apparatus**  Nov 10 – Dec 15  $189 | **6:20-7:20pm**  **MEGAN**  **Beginner Full Apparatus**  Nov 11 – Dec 16  $189.00 | **6:30-7:30pm**  **FIONA**  **Intermediate Full Apparatus**  Semi-private closed  Nov 12- Dec 17  $270 |  | **ZOOM PASSES**  **1-$12**  **5-$57**  **10-$113.40**  **Non expiry** |
| **7:45-8:45pm**  **FIONA**  **Advanced Full Apparatus**  Nov 9 – Dec 14  $189 | **8:10-9:10pm**  **AYLA**  **Gentle Intermediate Full Apparatus**  Nov 10 – Dec 15  $189 | **8:00-9:00pm**  **FIONA**  **Intermediate Advanced**  **ZOOM** | **7:50-8:50pm**  **FIONA**  **Gentle Intermediate Full Apparatus**  Nov 12 – Dec 17  $189 | **No classes on HOLIDAY MONDAYS** |  |

**\*Classes are based on Groups of 4. $30 per class plus gst.**

**\*Classes that are marked Private Booking OR Semi-Private are exclusive bookings and are not open to use for makeups**